

# KICK

July 2002



www.u-msc.com Volume One  
Issue One

## 2002 Outdoor Soccer Season off to a good start!

The goal for the club is to develop the individual abilities of each soccer player for the purpose of improving the level of playing skills and the enjoyment of soccer as a whole.

It takes commitment from all to make this happen- the club, volunteers, coaches, parents and players. Your participation and enthusiasm is welcomed and needed to make this soccer season memorable and rewarding for our players.

In efforts to maximize the potential of our Club, UMSC has recently acquired the services of Paul Shaw. Paul, a professional head coach, is offering several clinics to increase the capabilities of our players and coaches. With player development being the primary goal of the Club, Paul will be providing players with more avenues to increase their skill and comfort level on the ball.

### PRACTICE SESSIONS

**DID YOU KNOW THAT IN WORLD CUP SOCCER, THE BEST PLAYERS ONLY TOUCH THE BALL FOR 22 SECONDS A GAME?**

**THINK ABOUT IT.**

**BETWEEN LATE STARTS, HALF-TIME AND SUBSTITUTIONS THERE IS ABOUT 45 MINUTES OF PLAYING TIME IN OUR GAMES. THE OTHER TEAM HAS THE BALL HALF THE TIME, LEAVING OUR 11 PLAYERS TO SHARE THE 22.5 MINUTES. WORKING THE MATH THROUGH, THAT IS ABOUT 2 MINUTES PER PLAYER...**



Dwayne de Rosario / © Hugo Ivan Munoz CSA

Because of this interesting statistic, the UMSC recommends a practice once a day as a way to build skill. The players learn very little during the game. They rely on their skill and reactions that have been learned during their practice sessions where they are in possession of their ball for over 30 minutes under a variety of activities.

Our coaches have been working with Paul Shaw to make the practices a great learning environment and fun to boot! The game is the opportunity to show what they have learned in practice. Parents, we need your support to make practices a priority!



© Canadian Soccer Association

### NEIL BRYAN a joue en France!

Unionville's own Under 12 Keeper, Neil Bryan, was selected to play for the Canadian Danone team. Neil took the opportunity to venture to Paris France and play in the International Final. 24 countries, including Brazil, Germany, Argentina and Japan, played at the Parc des Princes throughout the month of May.

***Congratulations on this once in a lifetime achievement!***

### PLAYER ROTATIONS

The expectation of House League soccer is that all players receive equal and fair playing time throughout the game. Please ensure the coaches are notified of vacation schedules so they can prepare the player lines and rotations prior to the game.

*Goal Keeper:* The turn in goal counts as a player rotation. The coach will generally ask if a player wants to play in net first, before assigning the position for the rotation.



Issue # 1



Sarah Kosey  
© Phil MacCallum, Ingrid Green, LyndaHughes, Mark Smith/CSA



© image:www.freeimages.co.uk

## WATER...the hotter it is, the more you need to drink.

Don't forget to bring your water bottle. Water or sports drinks are preferred, as sugar laden drinks will cause muscles to cramp with heavy exercise.

*Save the fruit juices and soft drinks for after the game!*

### UPCOMING EVENTS:

#### *UMSC Select Tournament*

On the weekend of August 24th and 25th, the Club will be hosting it's annual All-Star Recreational Tournament.

#### *Goalkeeping & Finishing Clinics*

Every Friday, from 6 pm to 9 pm, Paul Shaw is holding clinics for Club Coaches. Please contact Paul at [headcoach.umsc@rogers.com](mailto:headcoach.umsc@rogers.com) for more information.



© UMSC



© National Aeronautics and Atmospheric Bureau

## WEATHER / WHETHER TO PLAY

The decision to call off a game is made by the Head Referee or the referee on site at the game field. Games will be called off if there is lightning or thunder present - although not necessarily if it is just raining. If there is no thunder or lighting (rare but possible) the game goes ahead, unless the field is judged by the referee on site as too waterlogged.

Smog and heat alerts have not yet been deemed so serious as to stop a game. However, no individual player will be forced to play, if the parent has a health concern and does not wish their individual player to play. For players prone to asthma, parents are advised to bring the necessary medication to the game and to advise the players' coaches. Any player that experiences difficulty in breathing may leave the game at any time.

### **Unionville- Milliken Soccer Club**

7700 Kennedy Road, Unionville, Ontario

Telephone: (905) 477-KICK (5425)

Email: [info@u-msc.com](mailto:info@u-msc.com) or visit us at [www.u-msc.com](http://www.u-msc.com)