

## BU10 – Team 1 – Game 7

Well, it finally happened. We lost for the first time this season.....after 2 exhibition games and 6 regular season games, we lost to Team 5 in the ninth game by a score of 3-2. It was a closely contested game with the score tied at 2 a side for the longest time. Michael Armes got both goals for us. The first one was on a great pass receipt from an Arman's goal kick. The second one was on a deflection off of a Team 5 player.

Team 5 pulled out a last minute goal in the dying minutes of play to end the tie. Thus, we end our unbeaten streak.

It's been said many times that "It's not whether you win or lose, but how you play the game." I am adding another idea to this and that is, "it's also about what you learn from the game for the next time". The key is to focus on what we did well and improve on where we did not do as well.

So, what are some of the positive elements from the game? These are the things that we must continue to do....

- Our goalies are great at rushing out to get the ball. Arman, Amar and Anthony must continue with challenging the shooters and coming out to get the ball.
- Our defensive core continues to be strong.
  - o Aron and Aaron are great at getting to the ball first and booting it out of our zone. They need to continue that.
  - o Christopher and Rahul are the backbones of our defense. They can run down any opposing players on the attack. Continue to show this great energy and smart play.
- Our mid-fielders possess excellent stamina. Andrew, Michael DePinto, Jaydon and Michael Armes always come back to help out on defense. Be persistent at this and we won't lose too many games.
- Our forwards go to the goal well and they have good positioning. Eric, Anthony, Arman and Amar are always ready to receive the breakout passes from the midfielders. Continue to get in the open.

So, where can we improve for the next game? These are the elements that we need to work on during practice....

- The throw-in is something that we definitely need to work on for the next game. We were called for too many incorrect throw-ins.
  - o Both feet must be on the ground
  - o the ball cannot be thrown directly at the ground
- Passing, passing and more passing. That will be the key to winning games. We did well in last week's game with passing the ball. We did not pass as well this game. We will need to practice more passing.
- The coaching staff needs to keep a closer eye on the shift length. The last shift of the game was longer than average. No doubt, some of the boys got tired and restless.

Despite the loss, we learned some valuable lessons for subsequent games. Just as our victories made us into a good team, the lessons that we learned from our loss will make us even stronger.

So, GREAT game Boys! Remember that it is not about winning, but it's about how we play the game and also about what we learn from each game. Continue to do what we do well and make improvements on elements where we did not do as well! We will only get better!

Ken Chow