

# ***UNDER 7: Mini Soccer***



# **OPERATION MANUAL**

Dear Coaches:

Welcome to the 2003 Season and our NEW player development program. The Unionville-Milliken Soccer Club has made great strides in the off-season and with the support of the Canadian Soccer Association and the Ontario Soccer Association; we are launching our new program with great anticipation.

The whole premise of having a greater sport experience is to improve the quality of the soccer we deliver. Small-sided games do this and have been the backbone of the major soccer powers worldwide. The United States Soccer Federation adopted their 2010 plan. They were semi-finalists at the 2002 World Cup. Our neighbours to the south have now made small-sided soccer the rule till the age of U13.

Enjoy and please contact me if you have any questions.

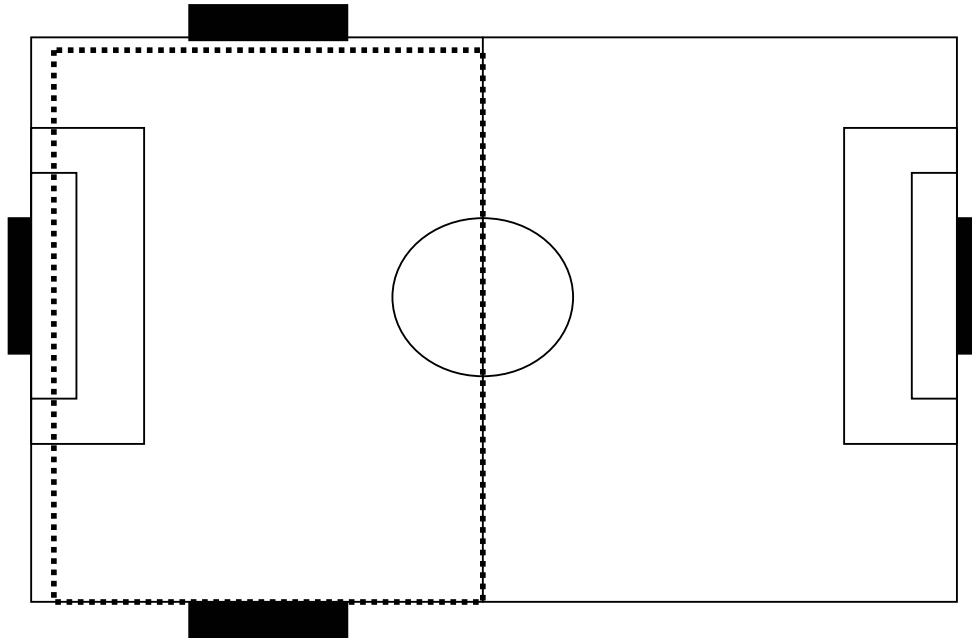
Yours In Soccer,

Paul Shaw  
Club Head Coach/Director of Coaching, UMSC  
Office: (905) 477-KICK [5425]  
Cell: (416) 716-5050  
Email: head.coach@u-msc.com

## GAME DAY OPERATIONS:

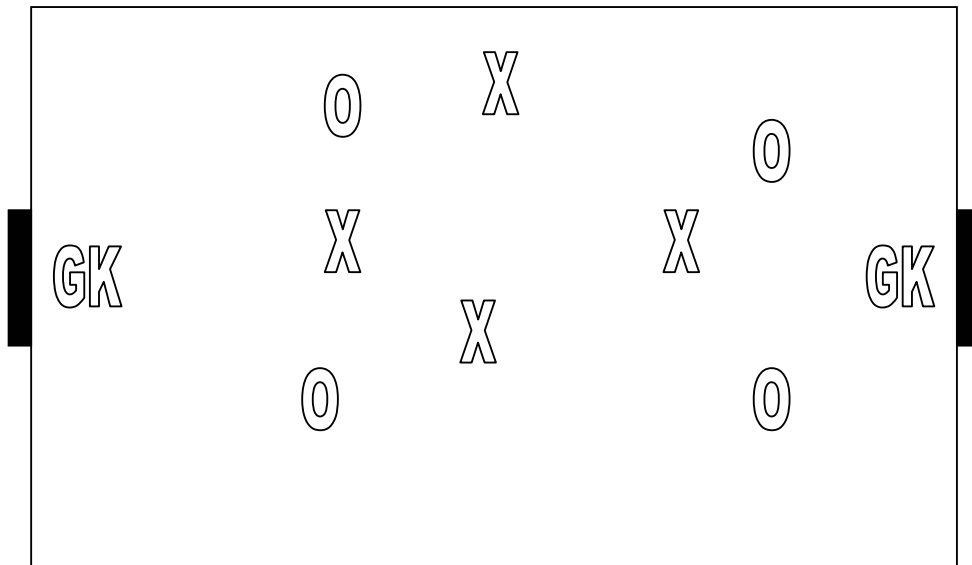
### 1. Set up field:

- Walk field and check for broken glass or other items that could injure our players.
- Mark out the following:
  - Field is ½ of a mini field.
- Set up Goals at each end.
- If needed cone middle for parents to sit behind and a line just in front of goal for safety. Teams can set up beside the fixed goal.



### 2. Organize line-up:

- Establish rotation: Everyone must play goal!
- Game must have width and depth for players to learn. Every one can attack and everyone can defend.



## **Coaching Your Team:**

### Team Shape:

4 v 4 is a formation that a lot of the First Class Soccer Countries use with developing players. Team Shape can be "basically defined" as support around the ball. In a 4 v 4 setting, players can get into wide, deep and supportive positions easily. Plus, it is easy for the coach to "notice" poor team shape.

### Defending:

- Who ever is closest to the ball... goes and trys to get it.
- Other players watch the other team's players.

### Attacking:

- Every one can score goals.
- Rotate your players into forward positions and defending positions.
  - Note: The formations presented. "X's" have width, depth and balance.

Have FUN!